

MONTHLY BOARD MEETING MINUTES

September 22, 2014

Mental Health Board

Members in Attendance

Behrens, Sharon
Cleveland, Cheryl
Dickinson, Will
Thickens, Theresa
Williams, Jessica

Absent Members

Holmes, Jim
O'Meara, Janet
Stanners, Sharon

Staff and Guests

Bauman, Maureen
Bond, Yvonne
Coppie, Katrina
Ellis, Amy
Jones, Janna
Nakai, Loren
Osborne, Marie
Shaw, Ron
Taylor, Will

Welcome and Introductions

Theresa Thickens, on behalf of the Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read by Theresa Thickens

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Secretary/Treasurer's Report

Approval of the August 25, 2014 Public Hearing and Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2014-15. Expenditures for the month of August included: \$40.13 – table; and \$54.56 – food purchased. End balance of \$1,282.69 and is accepted as presented.

❖ Guest Speaker: Loren Nakai, Wellness Coordinator, Sierra Native Alliance

Presenting on services provided

- Loren Nakai invited everyone to the upcoming Auburn Big Time Pow Wow, distributed the flyer, and he provided details about the event. Date: October 17-18, 2014 at the Gold Country Fairgrounds.
- Sierra Native Alliance is a small non-profit organization located in Auburn, serving the Native American population.
- Provided a brief description about their many programs and services, noting they are working with Turning Point.
- The Native Family Services brochure was distributed.
- 70% of the Native American population is dealing with dual diagnosis.
- Core values – harmony, beauty and understanding.

- Evidence-based practice.
- For additional information, go to – www.sierranativealliance.org.
- 85% of the native population come from other areas and are not native to California.
- According to a UCLA database, there are approximately 3,500 Native Americans in Placer County.
- Reported on the drug and alcohol programs: referrals are not as consistent; served 225 families last year.

Standing Committee Reports

- ❖ Executive Committee
 - No action taken.
- ❖ Alcohol and Drug (AOD) Committee – Cheryl Cleveland
 - Reviewed the AOD report for Fiscal Year 13-14 Annual Report to the Board of Supervisors prepared by Amy Ellis. Plan to add co-occurring disorders as a goal for 14-15.
 - Discussed changing the name of the AOD committee to Substance Use Services Committee to be in line with the state.
 - Maureen Bauman noted the name change is not possible unless the Bylaws are also changed – they are connected.
- ❖ Quality Improvement – Jessica Williams
 - The committee received an update on the Substance Abuse Prevention review, which was originally submitted by the county in February. Reported on preliminary findings requiring a response.
 - Received an update on the Program Integrity Service Verifications that makes sure the services billed for are the same services clients received. Receiving favorable responses.
 - Over 700 crisis resource cards went out to the Placer County Sheriff's Office in both English and Spanish.
 - Still looking for people to participate in test call(s) to Adult Intake and Family and Children's Services. This is a requirement of monitoring quality assurance.
- ❖ Children's Committee – Sharon Behrens
 - Reviewed highlights accomplished over the last fiscal year, one of which is the Intensive Early Trauma Program. October 1st they begin looking at taking children into the program - ages 3-6.
 - Dr. Conradi will provide training on Trauma Informed Care October 2nd - creating trauma informed communities.
 - A new program with emphases on trauma education through the Foster Care Kinship Program (Sierra College) is doing training on trauma care.
 - The committee reviewed CSOC contracts.
 - Crisis Resolution Center (CRC) update – continue to meet regarding increasing the capacity of the CRC by two beds.
 - Served 91 children last year.
 - Reported an increase from 40 to 50 kids having to wait to get into the facility.
 - Currently looking at funding for the facility. With labor and material, the cost of the addition is just under \$100,000.
 - Richard Knecht brought forward a new topic about sexually exploited youth. Approximately 75-80% of young adults in the sex trafficking have spent time in the foster care system. Plan to look at the process, services, and outreach and create a screening process - screening for susceptibility for 13 year old entering the system.
- ❖ Adult Services Committee – Janet O'Meara
 - Not in attendance.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Not in attendance.

Correspondence and Announcements

- ❖ Theresa Thickens, on behalf of Janet O'Meara, reported on the receipt of the following:
 - Read the letter received on behalf of NAMI Placer County, thanking both the MHADB and BOS for their vote to implement Assisted Outpatient Treatment.

- Announced Jessica Williams will not serve a second term on the MHADB.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Mobile Crisis Triage (MCT) update – shared how the process works; it continues to be a little slower than expected. Incoming calls are steady. MCT provides additional clinical intervention. We are in Placer County Sheriff's (PCSO) jurisdiction and are working with PCSO. We are looking to include other law enforcement agencies/jurisdictions, beginning with the Auburn and Lincoln Police Departments and then on to South Placer.
 - The criminal justice system used a consultant, Dr. Bennett, to do analysis of the criminal justice system and produce a report. The report was released at a BOS meeting and does contain a number of recommendations.
 - Ms. Bauman will provide the link to the document.
 - Sutter Health System has local Placer County Advisory Board and has asked Ms. Bauman to sit on their board.
 - Provided an overview of the new things in Mental Health Services Act Plan.
 - Reported on speaking to the League of Women Voters about the barriers to mental illness and will be talking to the Auburn Democratic Club about AB109 (criminal justice side). She also reported on her presentation at the Department of Health Care Services on suicide prevention awareness.
 - Reported on data reviewed on health care reform – Affordable Care Act. Studies showing that costs are not increasing but are going down. The amount of uninsured people (nationally) will go from 45 million (2012) to 23 million by 2023.
 - New volunteer requirement for Placer County volunteers – a background check is now a part of the process.
 - ASOC will check to confirm this requirement is consistent with all other boards and commissions.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - With the loss of Jessica Williams, we are down to eight board members.
 - Maureen Bauman checking to see if there are exceptions to the requirement of people having to live in Placer County.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Theresa Thickens recommends distributing more of the MHADB annual reports to boost discussions about the Board.
 - Will Dickinson shared the idea of creating a bulleted, one-page document, highlighting the Board's accomplishment to enhance visibility.
 - Sharon Behrens reported on her recent meeting with the Latino Leadership Council. They have a couple people who may be interested in serving on the MHADB.
 - Sharon Behrens suggested doing something at the Campaign for Community Wellness. Many providers attend the meeting and it would be a great way to promote the MHADB.
 - Consensus by the Board to create a summary with highlights from the FY 13-14 Annual Report to the BOS.
 - Directing Change letters were emailed to students and supporting teachers. Letters passed around for the Board's review.
- ❖ Board Level Goals
 - Reviewed under New Business, Fiscal Year 2013-14 Annual Report.
- ❖ Reminder: MHADB Meeting Dates (*due to holidays*)
 - Please note that due to the holidays, our November and December meeting dates do not fall on the fourth Monday.
 - November 17, 2014.
 - December 15, 2014.
 - Need to discuss the date for the July Retreat for advance notice and maximize the number of attendees.
- ❖ Handbook Task Force (*Update*)
 - Jessica Williams reported that the committee has a working draft and it will be handed off to Theresa Thickens to complete the process.
 - The draft will be brought to the October Executive Committee for review.

New Business

- ❖ Fiscal Year 2013-14 Annual Report to the Board of Supervisors
 - The annual report is due now. The document will not be ready to go to the BOS before November.
 - All committee reports are due to Janna Jones by October 10, 2014.
 - Committee reports will be put in draft format and sent to Theresa Thickers for review by the Executive Committee.
 - We will look at the committees' goals, which will be submitted by the 10th. The committees will determine what is realistic to accomplish and see whether there are other things the Board may want to do. The Executive Committee will discuss a more general/inclusive Board-level goal and report back to the Board.

Board Member Comments

- ✧ Sharon Behrens read a couple poems Jim Holmes read at Recovery Happens.
- ✧ Jessica Williams very much appreciated being on the Board and does hope to remain involved.
- ✧ Sharon Behrens reminded everyone about the upcoming Medication Take-back event taking place September 27, 2014. She will be distributing information on the Warm Line.
- ✧ Theresa Thickers reported that there is a fire prevention week event coming in October. The local fire department is having a public safety event in Alta and has invited the MHADB to participate, having a table to share information about what we do.
 - October 11th from 12:00 – 4:00 pm at the Alta fire station.
- ✧ Theresa Thickers shared information about Abuse Prevention training for mandated reporters – free online webinar (ongoing). It's geared toward school district and teachers.

Public Input

- ✧ Will Taylor thanked those who attended and participated in Saturday's Recovery Happens event.
- ✧ Katrina Copple shared her recent ride along experience with the Sacramento City Sheriff's Department. She reported that the officer she rode with had not heard about crisis intervention training (CIT). She shared her concern with the lack of response and training the officers are receiving.
- ✧ Yvonne Bond brought up the recent incident that took place at the White House with a mentally ill individual. She feels the system was not able to intervene to the extent they could, offering assistance to the individual. She is pleased AOT will be implemented in Placer County.
- ✧ Maureen Bauman reminded everyone that outreach and engagement is what Laura's Law (AOT) is about. The teeth in the law are pretty limited. It's important to provide the outreach and engagement now, as needed, rather than waiting until the law's implementation in January 2015. The law will provide us with a few more tools but we already have tools in place now to reach out when people are feeling stuck.
- ✧ Ron Shaw shared his excitement with the Native American outreach in this area and to hear about the CIT training. He is also happy to hear about the great work the Speakers' Bureau's doing; he feels there's a great need to have people out there speaking from the lived experience or as a family member. Mr. Shaw asked if there was an arts program that engages the community to have ongoing dialogue in Placer. He also brought up the recent earthquake in the Napa as well as the fires and wonders if each county has something in place during disasters that provides outreach with the various agencies to get people connected to mental health services.
- ✧ Marie Osborne thanked Jessica Williams for her dedication during her term on the MHADB.

Adjournment

- The meeting was adjourned at 7:45 p.m.
- **TUESDAY**, October 14, 2014 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, October 27, 2014 is the next Board meeting taking place in the HHS Adult System of Care, Cirby Hills Cafeteria, 101 Cirby Hills Drive, Roseville.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board